



## **EMPLOYEE ENRICHMENT PROGRAM**

*Expert Advice & Services for Employees and their Families  
for Personal Growth & Development to Increase Productivity at Work  
Everyone Benefits!*

### **EDUCATIONAL SERVICES:**

- **Speech & Communication Skills Coaching**
- **Organizational Skills & Strategies and Research Techniques**
- **Courses, Workshops, Talks, & Seminars**
- **Specialized Coaching for Executive Function**
- **Writing Coaching**
- **Afterschool Enrichment & Remote Learning Support (for Children of Employees)**
- **Standardized Test Prep: GMAT, GRE, LSAT, SAT, ACT, AP, & more**

### **ACADEMIC TUTORING (All levels through college):**

- **Math, Science, History / Social Studies, English / Language Arts / Literature**
- **Languages:** including French, Spanish, Latin, Hebrew, Arabic, Russian, German, Romanian, Italian, Japanese, Mandarin, etc.

**CREATIVE CORNER:** Acting, Creative Writing, Fine Art, Modern Dance, Ballet, Dance Auditions, Instrumental Instruction (Violin, Piano, Guitar, and more), Voice Training / Vocal Coaching, Film Editing, Screen and Playwriting, Music Production, DJ Lessons, & more

**HEALTH & WELLNESS CORNER:** Personal Training, Pilates & Nutrition Counseling, Yoga & Relaxation Techniques, Reiki, Tai Chi, & more

- **Clinical Psychology**
- **Mental Health Counseling**

## **College Planning & Preparation:**

- College Search & Selection
- Best Fit College Analysis
- Shopping for a College within Budget
- College Visit & Fair Strategies
- College Money-Saving Tips

## **College Admissions Strategies & Services:**

- *Getting In*: Strategies for Helping Your Student Stand Out & Gaining Admission to Highly Selective Colleges
- College Application Insights, Support, & Guidance
- College Essay Coaching
- Resume & CV Review

## **Career Planning for Teens & Young Adults:**

- Exploring Careers, Skills, Interests, & Majors
- Learn up to 25 Career & Business-Related Skills

## **Decision-Making Coaching**

### **Student Debt Services:**

- Refinancing Student Debt
- Avoid Student Debt Before Signing

### **Life Coaching / Parent Coaching:**

- Certified in Parenting
- Positive Discipline Parent Educator
- Parent Coaching in Groups
- Courageous Parenting Workshop
- Drug and Alcohol Counseling

### **Financial Planning & Services:**

- Budgeting
- Life Insurance
- Investment Services
- Mortgages
- Ways to Improve Your Credit
- Tax Filing Services
- Assistance with IRS Pressure and Problems

## **Legal Services for Individuals and Families**

## **Music Business & Legal Course for Releasing Music Professionally**

## Nutrition & Health Services:

- Nutrition Coaching
- Mental Well-Being
- Activity-Based Challenges
- Healthy Habits
- Assortment of Healthy Products

## Healthy Habit Formation Strategies:

- Healthy Weight Management
- Healthy Hydration
- Healthy Sleep
- Healthy Mind
- Healthy Movement
- Healthy Surroundings & Relationships

## Eldercare

## Contact



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*Schedule an appointment:*

[calendly.com/collegeplanningandvision](http://calendly.com/collegeplanningandvision)